

"I am speechless with gratitude! Thank you sooo much, this means a lot to me, and I am so appreciative. It's so inspirational and motivational to get support. Especially getting this news today, as my insurance just cut out ... I don't feel like I can do the gratitude I feel justice ... I hope that one day I can inspire others with my recovery and give back like you and your daughter's legacy have."

What We Do

The above quote is from one of our three scholarship recipients. We have given a total of \$6,750 to three applicants. The treatment centers are Harmony Place (Rochester, NY), Center for Change (Orem, Utah) and the Eating Disorder Center of California (Los Angeles). With your help, we are making a real difference in people's lives.

"You have no idea how grateful I am for this. I am so relieved and appreciative of this. ... I am so honored that you chose me and I think this is a wonderful way for me to honor Jen. "

The treatment centers are thrilled when they hear of our cause:

"What a wonderful honor for [our client]. ...I know this scholarship will be extremely helpful in allowing her a more comprehensive treatment process. Thank you again for the service that you offer to those struggling with eating disorders. It is an amazing legacy to your daughter."

And, finally, families are relieved of some burden.

"THANK YOU so much! the financial burden that we have been through is devastating but we just keep seeking the help that [she] needs. I am grateful that you guys have started this and I hope to be of help to others in the future."

Why Moonshadow's Spirit?

Sharon Mathiason

Shortly after Jennifer died, I logged onto her Facebook account and read dozens of messages from all over the world. These messages were from young women whose names I didn't recognize. When I asked each one how she knew Jennifer, the response was always the same. They had each met Jennifer through various eating disorder support groups (online or in person).

During her 10-year struggle with her own eating disorder, Jenn gave support to, and gained support from, so many. After she recovered in 2005, Jenn spoke about eating disorders to Junior High health classes here in Webster. And, Jenn continued her relationship with her online friends.

"I knew Jenn from a support forum for people with Eating Disorders. I was very poorly when I 'met' her and she was so supportive and inspirational. She always took the time to reach out. ... Jenn's support and kindness will always stay with me, I was so lost and desperate and she was so supportive and she gave me hope. She was a very special lady and I will never forget her. "

The online group knew Jenn as Moonshadow, and they suggested this legacy. ❖

UPCOMING EVENT

FUNDRAISING DINNER WITH RAFFLES AND SILENT AUCTION

OCTOBER 1, 2010

GREEN LANTERN INN - FAIRPORT, NEW YORK

HOW TO DONATE

There are many ways to donate to Moonshadow's Spirit:

- Send a check to Moonshadow's Spirit
- Donate online on our web site
- Purchase items.
 - We sell note cards in packages of six. There are 3 styles – prints of Jenn's paintings; song birds photographed by David at the RIT Bird Observatory; raptors photographed by David at Braddock's Bay. The cards sell for \$15 per package plus tax and shipping.
 - We sell prints of 3 of Jenn's paintings – Moonshadow; Girl in Chair – a self-portrait; Blue Man with dandelion. The prints are matted and measure 11" by 14". Prints sell for \$25 each plus tax and shipping.
 - All items can be viewed on our web site.

HOW TO REACH US

EMAIL: MOONSHADOWSSPIRIT@GMAIL.COM

INFO@MOONSHADOWSSPIRIT.ORG

WEB SITE: WWW.MOONSHADOWSSPIRIT.ORG

SCHOLARSHIP APPLICATION IS AVAILABLE ON OUR WEB SITE

Thank you

A heartfelt thanks goes to all those who have helped with garage sales, fundraising dinner, mailings, process definition, logos, and, most importantly, emotional support. We love you.

Moonshadow's Spirit, Inc.

Sometimes it feels as though our progress is slow. And then, I look at what we have done in such a short time. We decided to build this foundation in April 2009, less than 2 months after losing Jenn.

Our friends at Nixon Peabody offered to provide the legal work. They guided us through the process for NYS Incorporation as a non-profit entity, the IRS 501 (c) 3 approval and registration with the NYS Charities Bureau. We posted the scholarship application form on our web site in February and received our first formal application in May. We are now proceeding with a quarterly schedule for scholarships.

Our Board of Directors: Erika Fillmore, Debora Hoskinson, Jeffrey Koff, David Mathiason, Sharon Mathiason and Nancy Rees

Why Is Treatment So Expensive?

Many people are surprised to learn that residential treatment for eating disorders often costs \$1,000 or more per day. These centers are staffed 24 hours per day. The number of professionals involved includes nutritionists, doctors, nurses, counselors, and case managers. There are sessions with families and friends. Those providing post-treatment support are trained on meal preparation with the client. The length of treatment can be months. Residential treatment is often followed by intensive outpatient care in a Partial Hospitalization Program.

Eating disorder treatment requires tremendous effort by everyone involved. And the costs can easily exceed \$30,000. ❖

Jennifer – You inspire us all.



Moonshadow's Spirit